



Anne Cochran Freeman
Partner

SERVICES
Family Law

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BIOGRAPHY

Anne Cochran Freeman is certified by the State Bar Board of Legal Specialization as a Certified Family Law Specialist (CFLS), and she was recognized in the 2018 Super Lawyers Northern California list, and on the Northern California Rising Star lists from 2015-2017. Anne was recognized in 2016 as one of the 10 best attorneys in California by the America Institute of Family Law Attorneys.

Anne's practice focuses on resolving complex financial issues and intensely personal family law matters. Anne draws on her experience as both litigator and mediator to resolve the difficult personal and financial issues faced by her family law clients. Whether negotiating a premarital agreement, or negotiating the complex and nuanced details of a divorce settlement, Anne finds solutions to protect her clients' interests. When a negotiated settlement is not possible, Anne is highly effective in contested proceedings in both private adjudication and in public courts throughout the Bay Area: San Francisco, San Mateo, Santa Clara, Contra Costa, Alameda, and Marin Counties. She has successfully litigated family law cases for high net worth individuals, including complex separate property claims, stock option characterization and apportionment, high income issues in both child support and spousal support disputes, and complex child custody disputes and litigation.

Prior to joining Sideman & Bancroft, Anne practiced family law at Whiting, Fallon, Ross & Abel LLP in Walnut Creek, California, serving clients in Contra Costa, Alameda, and San Francisco Counties.

Before becoming an attorney, Anne was a business management consultant, providing leadership and organizational development consulting for Fortune 500 companies.

A child of the U.S. Foreign Service, Anne was born on Okinawa, Japan, and was raised in Kobe and Tokyo, Japan; Bangkok, Thailand; Ho Chi Minh City, Vietnam; and Washington, D.C.

PROFESSIONAL INVOLVEMENT

Listed in *Northern California Super Lawyers*®: 2018, 2019

Listed in *Northern California Rising Stars*®: 2015-2017

Certified Mediator, Ron Kelly 40-Hour Mediation Training
Member, Family Law Section, San Francisco Bar Association
Member, Family Law Section, Alameda County Bar Association
Member, Family Law Section, Contra Costa County Bar Association, Board of Directors (2014)

Guest Editor, Contra Costa Lawyer, Family Law Edition, April 2014

Speaker/Presenter: [“Are Custody Evaluations Dead?”](#) – Custody Issues Committee, Contra Costa County Bar Association, Family Law Section, January 2013

Speaker/Presenter: [“Devil is in the Details – Drafting Custody/Visitation Orders”](#) – Custody Issues Committee, Contra Costa County Bar Association – Family Law Section, September 2013

PUBLICATIONS

- Commentary, "Millennial Millionaires and Their Prenups -- What They Need to Be Thinking About," Entrepreneur, 2018
- Commentary, "A Prenup Primer: What Silicon Valley Couples Should Consider," The San Francisco Chronicle, 2018
- Monica Mazzei and Anne Freeman discuss “Here’s How to Start That Prenup Conversation” for The Bride magazine
- Monica Mazzei and Anne Freeman featured in “Secrets of the Divorce Lawyers” for the Nob Hill Gazette
- "Premarital Agreement Season Is Here: Give Your Approach a Tune-up," Contra Costa Lawyer, 2015

Speaking Engagements

- Anne Freeman co-presents “The Case for Maintaining Collegiality in the Adversarial Arena” at the Association of Family and Conciliation Courts conference
- Monica Mazzei and Anne Freeman host “A Marriage Roundtable for Women” at Sideman & Bancroft
- Diana Richmond and Anne Freeman speak on “Premartial Agreements: What to Cover, Uncover, Protect & Provide” for the Contra Costa Bar Association

Education

Phillips Exeter Academy

University of California, Berkeley
A.B.

University of San Francisco School of Law
J.D.